









JESUS



THE ULTIMATE SAVIOUR

Hebrews 4.1-14

The Sabbath-rest is God's enduring promise to His people

- a pattern established at the beginning

God saw all that he had made, and it was very good. And there was evening, and there was morning – the sixth day.

Thus the heavens and the earth were completed in all their vast array. By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

Genesis 1.31-2.3

Hebrews 4.1-14

The Sabbath-rest is God's enduring promise to His people

- a pattern established at the beginning
- a permanent reminder in the law

Remember the Sabbath day by keeping it holy. Six days you shall labour and do all your work, but the seventh day is a sabbath to the Lord your God. On it you shall not do any work.... For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

Exodus 20.8-11

Hebrews 4.1-14

The Sabbath-rest is God's enduring promise to His people

- a pattern established at the beginning
- a permanent reminder in the law
- a picture provided in the Exodus
- a principle repeated in scripture
- a promise perfected in Jesus

This rest is entered by taking God at His word

- don't fall short (v1)
- make every effort to enter (v11)
- hold firmly to the faith (v14)